

### MASS TIMES

<b>Blackfriars</b> Cnr Phillip Ave & Antill St, Watson	
Tuesday to Friday	5.30pm
Saturday (vigil)	5.00pm
Sunday	10.00am 5.00pm

<b>St Brigid's</b> 2 Bancroft St, Dickson	
Tuesday to Saturday	9.00am
Saturday (vigil)	6.00pm
Sunday	9.30am
Vietnamese Mass Sunday (1st & 3rd)	5.00pm

<b>St Joseph's</b> 61 Borenia Drive, O'Connor	
Tuesday to Friday	9.15am
Saturday	8.30am
Saturday (vigil)	6.00pm
Sunday	8.30am

<b>St Patrick's</b> 1 Donaldson St, Braddon	
Tuesday to Friday	12.30pm
Sunday	8.00am
German Mass Sunday	10.00am

<b>St Thomas More</b> 30 White Cres, Campbell	
Friday * (1st & 3rd of the month)	11.45am
Sunday	10.00am

\* School attends during school term

### CONTRIBUTIONS TO CLERGY & PARISH

Contribute to the First Collection:  
 Account Name: Central Presbytery Fund  
 BSB: 062-786 - Bank Account: 000029248  
 Reference: Use your Parish Location to assist in correct allocation & Your Name (e.g. Campbell Smith)  
 Contribute to your parish:  
 Canberra Central : A/C Name Canberra Central Parish  
 BSB: 062786 A/C: 000013150 Ref: Name & Giving Number  
 Blackfriars: A/C Name: Blackfriars Parish Watson  
 BSB: 062786 A/C: 000013341 Ref: Name & Giving Number  
 St Joseph's: A/C Name: St Joseph's Parish  
 BSB: 062786 A/C: 000012798 Reference: Parish & Name  
 St Thomas More: A/C Name: St Thomas More Parish  
 BSB: 062786 A/C: 000014869 Ref: Campbell/Surname

### SACRAMENT & DEVOTION TIMES

<b>Blackfriars</b> Cnr Phillip Ave & Antill St, Watson	
Reconciliation	
Saturday	4.00 - 4.30pm
Adoration of the Blessed Sacrament	
Friday	6.00 - 7.00pm
Rosary Prayers	
Sunday (1st & 3rd of the month)	9.00am

<b>St Brigid's</b> 2 Bancroft St, Dickson	
Reconciliation	
Saturday	9.30 - 10.00am 5.30 - 5.50pm
Adoration of the Blessed Sacrament	
Wednesday	8.00am - 8.00pm
Saturday	9.30am - 10.00am
Rosary Prayers	
Tuesday to Saturday	8.30am
Anointing of the Sick	
Sunday (3rd of the month)	After 9.30am Mass

<b>St Joseph's</b> 61 Borenia Drive, O'Connor	
Reconciliation	
Friday (during Holy Hour)	8.15 - 9.00am
Saturday	5.30 - 6.00pm
Adoration of the Blessed Sacrament	
Tuesday to Friday	8.15 - 9.00am
Rosary Prayers	
Tuesday to Friday (Cenacle on Thursdays)	After 9.15am Mass
Saturday Rosary Novena - Our Lady of Perpetual Help	8.15am (before Mass)
Anointing of the Sick	
Saturday (1st of the month)	8.30am

<b>St Patrick's</b> 1 Donaldson St, Braddon	
Reconciliation	
Friday	12.00—12.30pm
Adoration of the Blessed Sacrament	
Friday	11.30am - 12.30pm

<b>St Thomas More</b> 30 White Cres, Campbell	
Anointing of the Sick	
Sunday (1st of the month)	11.15am



# Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator:  
[anthony.riosa@cg.org.au](mailto:anthony.riosa@cg.org.au)  
 Fr Renoir Oliver Jr SSS : [renoir.oliver@cg.org.au](mailto:renoir.oliver@cg.org.au)  
 Fr Sebastian Luistro SSS: [sebastian.luistro@cg.org.au](mailto:sebastian.luistro@cg.org.au)

Parish Secretaries: Kathie Guillester & Danielle Firat  
 Telephone: 0416 823 447 | Email: [innernorth@cg.org.au](mailto:innernorth@cg.org.au)  
 Web: <https://www.cginnernorth.org.au>  
 Mail: PO Box 900, Dickson ACT 2602

Parish Offices Opening Hours:

Watson Blackfriars Thursday & Friday 9am-1.00pm | Dickson St Brigid's Tuesday & Friday 9.30am-1.00pm  
 O'Connor St Joseph's Monday & Thursday 9.30am-1.00pm  
 Campbell St Thomas More Tuesday & Wednesday 9am-1.00pm

## 16th Sunday in Ordinary Time | Year B | 21 July 2024

REFLECTION: Jesus responds very differently to the two groups of people in today's Gospel. The first group - the apostles - have just returned from their mission and are very tired, so he says to them 'come away to a deserted place and rest for a while'. They still had much to learn but Jesus knows that their primary need at that time was to rest. The second group - the crowds - are lost and dejected, They are seeking something from Jesus so he sets about to teach them at length. A priest today can face a similar situation as he looks out on his congregation on a Sunday morning. Present are people who may be tired and simply need rest in the Lord. They don't need many words. Then there are others who are lost and dejected, who are hungry for God's word, who desire some input, some teaching. In some way the needs of both groups have to be honoured.  
 (From Gods Word, Daily Reflections 2024)

### Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—[anthony.riosa@cg.org.au](mailto:anthony.riosa@cg.org.au) - Maria Hicks (Manager) - Phone 02 6239 9806 - Institute of Professional Standards & Safeguarding (IPSS) [ipss@cg.org.au](mailto:ipss@cg.org.au)

### Parish Safeguarding Officers

**Blackfriars Parish, Watson:** Nicole [watson.safeguarding@cg.org.au](mailto:watson.safeguarding@cg.org.au)  
**Canberra Central, Dickson & Braddon:** Barbara & Catherine: [CanberraCentral.Safeguarding@cg.org.au](mailto:CanberraCentral.Safeguarding@cg.org.au)  
**St Joseph's O'Connor:** Fiona: [occonnor.safeguarding@cg.org.au](mailto:occonnor.safeguarding@cg.org.au)  
**St Thomas More, Campbell:** Monica: [Campbell.safeguarding@cg.org.au](mailto:Campbell.safeguarding@cg.org.au)



**BLACKFRIARS PARISH**  
 Cnr Phillip Avenue & Antill Street,  
 Watson ACT 2602  
 Fr Renoir Oliver Jr SSS  
 Facebook:  
[www.facebook.com/Holy-Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)

**CANBERRA CENTRAL inc:**  
**ST BRIGID'S** 2 Bancroft St  
 Dickson ACT 2602  
**ST PATRICK'S** 1 Donaldson St  
 Braddon ACT 2612  
 Fr Sebastian Luistro SSS

**ST JOSEPH'S PARISH**  
 61 Borenia Drive,  
 O'Connor ACT 2602  
 Fr Anthony Riosa SSS  
 Facebook :  
[www.facebook.com/stjosephsoconnor](https://www.facebook.com/stjosephsoconnor)

**ST THOMAS MORE PARISH**  
 30 White Crescent  
 Campbell ACT 2612  
 Fr Anthony Riosa SSS  
 Website: Facebook:  
[facebook.com/st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)

**Entrance Antiphon - Ps 53:6,8**

See, I have God for my help.

The Lord sustains my soul.

I will sacrifice to you with willing heart,  
and praise your name, O Lord, for it is good.

**First Reading - Jeremiah 23:1-6**

**Responsorial Psalm - Ps 22(23)**

*The Lord is my shepherd; there is nothing I shall want.*

**Second Reading - Ephesians 2:13-18**

**Gospel Acclamation - John 10:27**

Alleluia, alleluia!

My sheep listen to my voice, says the Lord;

I know them, and they follow me.

Alleluia!

**Gospel - Mark 6:30-34**

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Communion Antiphon - Ps 110:4-5**

The Lord, the gracious, the merciful,  
has made a memorial of his wonders:  
he gives food to those who fear him.

**INNER NORTH**

**Congratulations to Fr Anthony**

on becoming an Australian citizen on 17 July. We thank God for blessing you, and all of us, with the opportunity for you to carry out your mission here indefinitely!

**✨ Alpha Come and See! ✨ - from 4 August**

We are thrilled to announce that the Inner North Catholic Community will be hosting the Alpha Programme, a wonderful opportunity for **\*everyone\*** to explore the Christian faith, deepen their relationship with Jesus, and build meaningful friendships within our parish community.

**📅 What is Alpha?**

Alpha is a series of interactive sessions that create a space where people can discuss life's big questions and explore the basics of the Christian faith in a friendly, open, and informal environment. Whether you are new to Christianity or have been walking with Jesus for years, Alpha is for you!

**📣 A Message from the Archbishop:**

\*"Dear Parishioners of the Inner North Catholic Community, ...I am delighted to hear that the parishes of the Canberra Inner North Catholic Community are planning to run a joint ALPHA Program, rotating the venue between the parishes. ALPHA is a great way to enter into our Archdiocesan focus on evangelisation and I strongly urge all parishioners to consider attending... and to ask your friends or relatives who may have separated from the Church, or who may in fact be totally unchurched, to **come and see**"

**💖 Join Us!**

📅 When: 4 August 2024

📍 Where: First session is at **Watson**

📧 Register Here: [innernorth@cg.org.au](mailto:innernorth@cg.org.au) (ALPHA in subject line) or just turn up! We can't wait to see you there and embark on this spiritual adventure together.

Let's grow in faith, love, and community through the

Alpha Programme! 🙌 ✨

**Vessels Youth Group - 28 July**

We are excited to invite all children in grades 3 to 6, across all parishes within the Inner North, to our first gathering of our new Vessels Youth Group on **Sunday July 28<sup>th</sup> at 6pm!** Following 5pm Mass, join us at the Parish Hall in Holy Rosary Watson for faith, fun, games and snacks! If you or your child may be interested, please get in contact with us at

[Youth.Innernorth@cg.org.au](mailto:Youth.Innernorth@cg.org.au).

**Blessed Sacrament Fathers Welcoming Mass - 12 September**

SAVE THE DATE: The Archbishop will celebrate Mass to formally welcome the Blessed Sacrament Fathers to the Inner North Catholic Community and the Archdiocese at **5.30pm on Thursday 12 Sept, at Holy Rosary Church, Watson.**

**Baptisms**

Congratulations to those being Baptized in our Inner North Parishes this weekend: Luka Herc at St Joseph's O'Connor and Matteo Cauchi at Blackfriars, Watson. May their lives be filled with God's peace and their hearts with God's love, on this Baptismal day and all days to come.

**BLACKFRIARS, WATSON**

**Thankyou from Vinnies.**

Thank you to Watson parishioners for their recent generous donations to the St Vincent de Paul Winter Appeal. Despite tech problems, we collected over \$6400 in cash and on-line donations – taking our collection to above \$7500. This money helps us continue our good works in the Canberra region.

**ST THOMAS MORE, CAMPBELL**

**Call to Ministries**

St Thomas More's Parish will be hosting a call to ministries over the next 2 weeks in the lead-up to a Commissioning Mass for our renewed PPC and other ministries. "There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different people, it is working in all of them." 1 Cor 12:3-7,12-13. As in a family, we in St Thomas More Parish should all be keen to share our gifts in maintaining a vibrant and inclusive parish family. There are many ministries within our Parish with which you would be welcome to engage, such as welcomers/ushers, morning teas, readers, IT/Social media, faith formation, Acolytes/Alter servers, liturgy, musicians, outreach and home care, and so much more.

**Commissioning Mass - 28 July**

All are welcome and invited to attend a Commissioning Mass at St Thomas More's Parish on Sunday the 28th July, 10am. Here we will welcome and pray for our renewed Parish Pastoral Council as well as other ministries within the parish.

**OUR RECENTLY DECEASED**

Our recently Deceased: May they find peace and comfort in the embrace of the Lord. Fr Pat Kenna, Mary O'Hanlon, Francesco Macor, Helen Robson (formerly worked for the Archdiocese) Joan Goodwin, Megan Dark.

**IN LOVING MEMORY**

Geoff Gale, Kevin Pereira, Matt Dwyer, Athol Collins, Peter Peters, Mario & Carmelina Russo, Philip Bui, Joseph Grzic, Dorothy Olsen, Katey Tuite, Carmelo Abbondante, Catherine Spano.

**THOSE WHO NEED OUR PRAYERS**

George Fearon, Ligia Kulesa, Hugh Zochling, Ray Hempel, Joseph Nguyen, Christine Nguyen, Evelyn Matriano, Davide Verri, Bedelia delos Santos, Sabina Coles, Mary Pavey, Anne Corver, Sue King, Barbara Wilson, Una Bell, Philip Bailey, Peter Catlin, Rosa Maria Santos, Beth Delos Santos, Fr Ellis Clifford, Una Ford, June Pollard, Philip Cruz, Maureen Blood, Robin Lees, Awny El-Ghitany, Pamela Sandy, Elizabeth Webster, Colleen Brackett (& friend Jackie), Remi Elliott, Tony Bandle, Clare Packer, Robyn Cross, Pat Turnbull, Paul Thorpe, Joycelyn and Kahren Maclean, Ernst Wilhelm, Mahsa Raoofian, Lyn Mowbray, Lily Copeland, Neville Caulfield, Maggie McKeon, Carmel Slammon, Alphonsa & Maria Bankovsky, Bishop Pat Power.

**St Thomas More Parish 60th Anniversary Celebration - 17 Nov**

SAVE THE DATE We invite you to celebrate 60 years with us! Celebrations commence at 10am with a family Mass, which will be followed by BBQ brunch and lawn games. 30 White Crescent, Campbell.

**ARCHDIOCESE**

**Cultural Competency - 31 August**

The Catholic Women's Taskforce, Archdiocese of Canberra and Goulburn has a workshop on 31 August. Kylie Shea, a Ngunnawal woman will facilitate the sessions where we will learn about Ngunnawal culture. Venue: Parish Centre Aranda. Register via [www.cgwomen.org.au](http://www.cgwomen.org.au)

**Archdiocesan Assembly - 18 - 20 October**

All are invited to join us on our pilgrim journey of discernment.

**When?** Friday 18 (5:00pm) to Sunday 20 (12:30pm) October, 2024

**Where?** a decentralised gathering involving 'Hubs' in Canberra, Goulburn, Young, Narooma and Cooma. There is also a 'digital' experience offered to all in the Archdiocese.

For more information: [www.cgevangelisation.org.au/assembly/](http://www.cgevangelisation.org.au/assembly/)